

**One of the Strengths  
of  
*Encourage Young Men*  
is  
men connecting with other men  
to encourage one another**

Each week, the sessions will begin with a formal 40-minute teaching period followed by 20–30 minutes for men to gather in smaller groups to discuss how it applies to their everyday life, and offer their mutual support.

That is important. And the impact can be felt not only in our lives, but also in our families, in the community, and in the church.

Through insight and biblical wisdom, each session will address common problems men face and how together, with God's help — we can overcome them.

A typical session is marked by:

- ✓ **Welcome and introduction**
- ✓ **Teaching session**
- ✓ **Small group discussion**
- ✓ **Refreshments**

This season's  
*Encourage Young Men*  
features Jason Reed's  
**Foundations for Life**

Identity is our core understanding of how I see myself in how I relate to my world.

We are our memory. It contains all of the data about who we are up to the present. Some of that data is helpful, some of it is flawed, some of it hurts and wounds. If we continue to get our identity from who we were before Christ, when we learned to live independently of God, we will live out of our unhealed soul where the memories of hurt and pain reside.

It is not what we do that determines who we are; it is who we are that determines what we do.

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Jason Reed has been teaching foundational topics on identity and purpose for many years, specifically at Encourage Men every fall. The selected topics this year are from his archive of teachings titled, Foundations for Life.

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**Material recommended for men  
15 years and older.**

Encourage Young Men is aware that young men today are experiencing adverse sexual content much younger than 15. If you as a guardian decide your child under 15 is ready to participate, they are welcome to attend with you.

*Encourage Young  
Men – 2025*

**Presents**



**Foundations  
for Life**

**Beginning Jan 9<sup>th</sup>**

**Hinkletown  
Mennonite Church**

2031 Division Hwy.  
Ephrata, PA 17522

**Thursdays 7:00 PM**

Call in number (833)-444-3531

## Our Goals

This is the 6<sup>th</sup> year of **Encourage Young Men!**

In this life, we all make mistakes, life can get confusing, and God may seem far away. It's in these times that we need the support of a brother who will stand with us, to keep us accountable and give encouragement. *Encourage Young Men* is designed as a safe place, especially for young men, to find and walk with other strong men.

We can never discount the power of God in a soul that walks close with Him and is open to His will. The vision at Encourage Young Men, is to see each participant living a Holy Spirit directed life. As we move through this course together, it is our prayer and purpose that each of us would be able to move forward to attain a life without regret. A life of purpose is truly a life of joy.

### Small Group Time

At the end of each 45 min. teaching session, all registrants will be dismissed to a dedicated small group where you will have the opportunity to share your own story in a confidential setting and give and receive support as the group works through varying discussions related to the earlier teaching.

You will have the option to sign up for these small groups at the sign-in table. Each registrant will get a name tag with their group number. We ask that small group members commit to attending most of the evenings for the integrity of their groups.

**Church leaders** – It is our desire and goal to work with the local church, to be a healthy resource for your men, and to support you as you shepherd the church of God. You are welcome to attend.

For His glory,

*The Encourage Young Men Committee*

## Sessions

### 1. Knowing God

It is greatly problematic to be created in the image of God and yet to have distorted unbiblical concepts of God. The Teaching focuses on God's detailed description of Himself from Exodus 34:5-7.

### 2. Identity – Positional Truth

Does my identity align with what God says? How does our family, life experiences, and community affect our identities? We will learn how our identity defines our purpose and significance.

### 3. Identity – Design #1 – Self Acceptance

The key to God's principle of design is self-acceptance. God created each of us with at least 10 unique 'unchangeables'. How does accepting our unique designs open us to seeing God's grace?

### 4. Identity – Design #2 – God's Grace

We all have 3 tanks that need to be filled: Love, Belonging, and Significance. God's gift of grace through Jesus was designed to meet those needs and to give us value, power and hope. And yet we must each be vigilant for Satan's counterfeits.

### 5. Identity – Created to Bear God's Image

Gen 1:26 Then God said, "Let us make man in our image, in our likeness... So, God created man in His own image. Our designed purpose is to: mirror His nature, be His representative, and to do the work we were designed for

### 6. Forgiveness

Few deny the importance of forgiveness yet few understand what forgiveness is or even how to forgive. Our goal in this teaching will be to look at how the scripture defines forgiveness, particularly as Jesus defines forgiveness as 'cancelling debt' in Matthew 18

### 7. Understanding Love

While "love" has a number of meanings in our current culture, the Hebrew Language from the Old Testament complicated things more. The Old Testament has 11 Hebrew words for "love". Come and gain a deeper understanding of God's love.

### 8. Mastering Desire

Typically, we define sin from the perspective of behavior. But the root of sin is always relational.

"To him who overcomes, I will give the right to sit with me on my throne." Rev 3:21

### 9. The Power of Choice

There are 5 characteristics of maturity: Accepting and taking control of our life, Taking responsibility, Containing your emotions, Having perspective, and Achieving a deep understanding.

### 10. Pursuing Purity of Heart

Part of God's image that He placed into mankind was creative power. Why did God create us as sexual beings. What is His plan and purpose?

- Please consider this to be your personal invitation to be part of Encourage Young Men 2025
- Registration is \$35 collected at the door
- Call-in # for past recordings:  
(717)-936-5081

Missed the beginning?

Join us in progress.

You are welcome to come and register at the check-in table any of our scheduled evenings. Small group signups will close after the second evening but later check-ins will join a larger group in the front of the church after each teaching session.

### Encourage Young Men Committee:

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