

EYM Vision and Structure

One of the strengths of Encourage Young Men is men connecting with other men to encourage one another.

Each week, the sessions will begin with a formal 40 minute teaching period followed by 20-30 minutes for men to gather in smaller groups to discuss how it applies to their everyday life, and offer mutual support.

That's important. And the impact can be felt not only in our lives, but also in our families, in the community, and in the church.

Through insight and Biblical wisdom, each session will address common problems men face and how together, with God's help - we can overcome them.

Fathers, we encourage you to bring your teenage sons and work the course together, then apply the tools you'll learn in your own homes.

A typical session is marked by:

- Refreshments
- Welcome and warm-up
- Teaching Session
- Small group discussion

Valiant Man

This second season of Encourage Young Men features Allen Meyer's

Valiant Man

Teachers - Jason Reed, Randall Wenger, Kurtis Rutt

Valiant Man is about male sexual discipleship.

Developing and maintaining healthy sexuality is every man's battle. This program with a study and devotional guide is designed to fortify and restore the moral and spiritual integrity of men. Valiant Man challenges all men to fight for their own personal, moral, and spiritual vitality as well as to help other men fight for theirs.

Dr. Allen Meyer has served Careforce Church in Melbourne, Australia, as Senior Minister for 26 years. He and his wife, Helen, began their working lives as teachers. Concern over the self-destructive lives of students compelled them to open their home as an outreach center. In 1992 they founded Careforce Lifekeys, developing courses to help people with the struggles of faith and life.

Material recommended for men
15 years and older.

Encourage Young Men 2021

Featuring the Valiant Man Program

Beginning January 7th

Martindale Mennonite Church
171 Hurst Rd.
Ephrata PA 17522

Thursdays 7:00 PM

Encourage Young Men

www.encouragemen.org/martindale

Mission Statement

This is our second year of Encourage Young Men and we plan to study through the Valiant Man course together again this year.

In this life, we all make mistakes, life can get confusing, and God may seem far away from us. It's in these times that we need the support of a friend who will stand by us, keep us accountable, and give encouragement. The mission of Encourage young men is to create a safe place to journey together with other believers.

We can never discount the power of God in a soul that walks close with Him and is open to His will. The vision at Encourage Young Men, is to see each participant living a Holy Spirit directed life. As we move through this course together, it is our prayer and purpose that each of us would be able to move forward to attain a life without regret. A life of purpose is truly a life of joy.

Small Group Time

At the end of each 45 min. teaching session, all registrants will be dismissed to a dedicated small group where you'll have the opportunity to share your own story in a confidential setting and give and receive support as the group works through varying discussions related to the earlier teaching. You'll have the option to sign up for the small groups at the sign-in table. Each registrant will get a name tag with their group number. We ask that small group members commit to attending most of the nights.

Church Leaders - It is our desire and goal to work with the local church, to be a healthy resource for your young men, and to support you as you shepherd the church of God.

**All for Jesus,
The Encourage Young Men Committee**

Sessions

1. Intro and EYM Mission Statement

A warm-up and run-through of Encourage Young Men vision and procedures for attendees. Signups for small group.

2. A Vision for Manhood

Planting seeds of vision for a better future - a vision for valiant manhood while undertaking a vigorous moral inventory of current reality.

3. The Arena of Healing

Introducing the mind and heart attitudes for growth and change to occur. Providing a visual image to help identify the healing process.

4. The Sexual Man

Providing information about the construction of male sexuality with a view to helping men normalize their experience of their own sexuality and begin to appreciate the issues involved in successfully managing their own sexuality.

5. The Origin, Power, and Purpose of Sex

Teaching the theology of sex which introduces men to the deepest issues of their sexuality which go beyond biology and psychology to the choices they must make if they intend to make permanent changes.

6. The Cycle of Addiction

Explaining the cycle of addiction from a behavioral and biochemical point of view. The purpose is to help men understand the dynamics of addictive sexual behavior so they can better appreciate the choices they must make if they intend to make permanent change.

7. The Understanding Man

Giving men insights to the difference between male and female sexuality with a view to increase their capacity to be understanding husbands and wives.

8. Retraining the Brain

Understanding how thought processes are established in the brain in view of learning a workable process for bringing thoughts under control.

9. Taking a Stand

Preparing men for a time of prayer and consecration as they take a stand against shame, fantasy, pornography, and inappropriate behaviors.

10. Guarding Your Heart

Teaching principles that will help maintain sexual integrity while growing in sexual purity.

11. Realistic Expectations

A review of the previous 9 sessions to prepare men for the realistic challenges they will face as they leave the course. Strategies for ongoing success will be explained.

12. Dealing With Our Past

Discovering how deeply our past choices and experiences influence our lives today is a big step toward allowing God to use those circumstances for good.

- **Please consider this to be your personal invitation to be a part of Encourage Young Men.**
- **Registration is \$30 collected at the door.**
- **You will register at the sign-in table when you arrive.**
- **We also recommend purchasing a course manual which is available at the sign-in table.**

**Missed the beginning?
Join us in progress.**

You are welcome to come and register at the check-in table any time. Attendees arriving later in the program can check with a committee member about joining small group.

**Encourage Young Men Committee:
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